

**PHYSICAL EDUCATION CURRICULUM**  
**PEKIN PUBLIC SCHOOLS DISTRICT #108**

**Goal 3**  
[PE-SOCL]

*Social*

**Outcome 01** *Students will show respect for all others by taking turns, sharing equipment, accommodating the abilities of peers, and using positive comments.*

**Objectives by Grade Level**

<b>Grade Three</b>	<b>Grade Six</b>	<b>Grade Eight</b>
Students will verbalize positive comments during game play. PE-SOCL-99-01-311	Students will verbalize positive comments to a teammate. PE-SOCL-99-01-611	Students will take turns with equipment and participation. PE-SOCL-99-01-811
Students will respond positively to adult directions. PE-SOCL-99-01-312	Students will verbalize positive comments to an opponent. PE-SOCL-99-01-612	Students will accommodate the abilities of others through positive encouragement and communication. PE-SOCL-99-01-812
	Students will follow adult directions. PE-SOCL-99-01-613	Students will work cooperatively with others in competitive and noncompetitive situations. PE-SOCL-99-01-813
		Students will resolve conflicts by considering the rights and feelings of others. PE-SOCL-99-01-814

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**Outcome 02** *Students will develop the skills needed to contribute to a successful group effort through leadership and/or by following another student's positive lead.*

**Objectives by Grade Level**

<b>Grade Three</b>	<b>Grade Six</b>	<b>Grade Eight</b>
Students will take turns being a leader during a game activity. <p style="text-align: right;">PE-SOCL-99-02-321</p> Students will follow others as leaders. <p style="text-align: right;">PE-SOCL-99-02-322</p>	Students will identify and demonstrate skills needed to be a successful captain. <p style="text-align: right;">PE-SOCL-99-02-621</p> Students will identify and demonstrate skills needed to successfully follow a captain's charge. <p style="text-align: right;">PE-SOCL-99-02-622</p>	Students will show leadership or the ability to follow another student's positive lead by producing successful group efforts. <p style="text-align: right;">PE-SOCL-99-02-821</p> Students will recognize the difference between positive and negative peer pressure by making appropriate choices. <p style="text-align: right;">PE-SOCL-99-02-822</p> Students will show leadership by helping others complete tasks. <p style="text-align: right;">PE-SOCL-99-02-823</p>

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**Outcome 03** *Students will develop the ability to use appropriate verbal and non-verbal communication to resolve interpersonal conflict.*

**Objectives by Grade Level**

<b>Grade Three</b>	<b>Grade Six</b>	<b>Grade Eight</b>
Students will use their verbal ability in order to maintain their own space during activities. PE-SOCL-99-03-331	Students will be able to list and demonstrate a variety of verbal and non-verbal commands that could be used to diffuse an interpersonal conflict. PE-SOCL-99-03-631	Students will resolve conflict by considering the rights and feelings of others. PE-SOCL-99-03-831  Students will resolve conflict by considering different alternatives and possible outcomes and then making the best choices. PE-SOCL-99-03-832

**PHYSICAL EDUCATION CURRICULUM**  
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**Goal 4**  
 (PE-COGN)

*Cognitive*

**Outcome 01** *Students will develop the ability to make workable decisions within the time restraints of games and activities.*

**Objectives by Grade Level**

<b>Grade Three</b>	<b>Grade Six</b>	<b>Grade Eight</b>
<p>Students will listen and follow appropriate techniques of physical activities.            PE-COGN-99-01-311</p>	<p>Students will listen and follow appropriate techniques of physical activities.            PE-COGN-99-01-311</p>	<p>Students will make appropriate choices within the time restraints of games and activities.            PE-COGN-99-01-811</p> <p>Students will select and use appropriate decision-making techniques.            PE-COGN-99-01-812</p>

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**Goal 4**  
 [PE-COGN]

*Cognitive*

**Outcome 02** *Students will develop the ability to comprehend and follow directions.*

**Objectives by Grade Level**

<b>Grade Three</b>	<b>Grade Six</b>	<b>Grade Eight</b>
<p>Students will comprehend and follow appropriate verbal and written instruction.  <span style="float: right;">PE-COGN-99-02-321</span></p>	<p>Students will understand and follow a variety of verbal, non-verbal, and written instructions.  <span style="float: right;">PE-COGN-99-02-621</span></p>	<p>Students will demonstrate the ability to comprehend and follow instructions by successful participation in games and activities.  <span style="float: right;">PE-COGN-99-02-821</span></p> <p>Students will demonstrate comprehension of instructions through a written test of rules and knowledge.  <span style="float: right;">PE-COGN-99-02-822</span></p>

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**Goal 4**  
 [PE-COGN]

*Cognitive*

**Outcome 03** *Students will develop the ability to be aware of, analyze and respond to changing conditions.*

**Objectives by Grade Level**

<b>Grade Three</b>	<b>Grade Six</b>	<b>Grade Eight</b>
<p>Students will demonstrate positive resolutions to situations which arise in class.</p> <p style="text-align: right;">PE-COGN-99-03-331</p>	<p>Students will brainstorm ways to respond to changing conditions as they relate to games.</p> <p style="text-align: right;">PE-COGN-99-03-631</p>	<p>Students will demonstrate the ability to react appropriately to changing game or activity situations by making decisions which have positive outcomes.</p> <p style="text-align: right;">PE-COGN-99-03-831</p>

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**Outcome 04** *Students will develop a personal fitness program that takes his or her abilities into account.*

**Objectives by Grade Level**

<b>Grade Three</b>	<b>Grade Six</b>	<b>Grade Eight</b>
<p>Students will participate in age appropriate activities and receive enjoyment from the activity.            PE-COGN-99-04-341</p>	<p>Students will participate in age appropriate activities and receive enjoyment from the activity.            PE-COGN-99-04-641</p>	<p>Students will demonstrate the ability to measure body fat, flexibility, heart rate, agility, and strength using a variety of measurement tools and tests.            PE-COGN-99-04-841</p> <p>Students will analyze collected data using available resources.            PE-COGN-99-04-842</p> <p>Students will develop personal fitness programs using test results, analyzed data, and available resources.            PE-COGN-99-04-843</p> <p>Students will understand the benefits of exercise and healthy lifestyle in regards to their personal fitness.            PE-COGN-99-04-844</p>

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