Are you one of the 50 million Americans who struggle with allergy symptoms? Over-the-counter medicines may work for a while, but eventually you may need a doctor’s advice.

Virtual visits, benefits provided by Blue Cross and Blue Shield of Illinois (BCBSIL) and powered by MDLIVE, are a great alternative when your medicine isn’t working, or you suffer from another health condition, or when your only other options are the doctor’s office, emergency room or urgent care center.
Why virtual visits?
• 24/7 access to an independently contracted, board-certified MDLIVE doctor
• Availability via phone, secure video or mobile app from almost anywhere
• Average wait time of less than 20 minutes

MDLIVE doctors can treat a variety of non-emergency conditions, including:
• Allergies
• Headache
• Cold/flu
• Insect bites
• Ear infections
• Nausea
• Fever
• Pink eye

Virtual visits doctors may also send an e-prescription to your local pharmacy if necessary.

Prepare for the Unexpected—Activate Your MDLIVE Account Now!
There is no charge to set up your account, but you may have a charge for your visit depending on your benefit plan.
• Call MDLIVE at (888) 676-4204
• Access virtual visits through Blue Access for Members or at MDLIVE.com/bcbsil
• Text BCBSIL to 635-483